




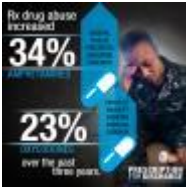






# PREScription FOR DISCHARGE

## INFOGRAPHIC SERIES SOCIAL MEDIA MESSAGING

Image Title	Message	Picture
<b>1 Death Every 19 Minutes</b>	<p>Prescription drug abuse causes 1 death every 19 minutes in the U.S. Know how to use your prescription medication safely. Visit the Prescription for Discharge website for more information at <a href="http://www.nadap.navy.mil">www.nadap.navy.mil</a> #prescriptionfordischarge</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15137249010/">https://www.flickr.com/photos/nadap_usnavy/15137249010/</a></p>	
<b>2 out of every 3 patients...</b>	<p>Are you or someone you know taking prescription painkillers? Did you know that 2 out of every 3 patients who take prescription painkillers for 90 days or more are still taking the same medication 5 years later? Keep an open and honest dialogue with your doctor about your pain levels and never increase your dose without doctor's orders. #zerotolerance #infiniterisk</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15300915736/">https://www.flickr.com/photos/nadap_usnavy/15300915736/</a></p>	
<b>Inform Medical of your Prescriptions</b>	<p>According to the Institute of Medicine, military physicians wrote nearly 3.8 million prescriptions for pain medication in 2009, more than quadruple the number of such prescriptions written in 2001. Remember to promptly report any new prescriptions to Navy Medical and your command to ensure they're listed in your medical records. #reportpromptly</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15320799371/">https://www.flickr.com/photos/nadap_usnavy/15320799371/</a></p>	
<b>50% of Rx Drugs Misused</b>	<p>50% of all prescription drugs taken in the U.S. are misused in some way. Do you know what qualifies as misuse of prescription medications in Navy policy? Check out the Prescription for Discharge website for more information at <a href="http://www.nadap.navy.mil">www.nadap.navy.mil</a> #knowthefacts</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15323962765/">https://www.flickr.com/photos/nadap_usnavy/15323962765/</a></p>	
<b>6,600 New Abusers</b>	<p>Every day, 6,600 people begin abusing prescription drugs. Don't let your unused medications fall into the wrong hands. Go to the Prescription for Discharge website for tips on how to dispose of your meds and keep them out of the reach of others. #prescriptionfordischarge</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15137411197/">https://www.flickr.com/photos/nadap_usnavy/15137411197/</a></p>	

# PRESCRIPTION FOR DISCHARGE

<b>Rx Drug Abuse Increases</b>	<p>Over the past three years, the abuse of amphetamines has increased by 34% and the abuse of oxycodone has increased by 23%. To learn more information visit the Prescription for Discharge website at <a href="http://www.nadap.navy.mil">www.nadap.navy.mil</a>.</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15320798991/">https://www.flickr.com/photos/nadap_usnavy/15320798991/</a></p>	
<b>Rx Misuse = Illegal Drug Use</b>	<p>It's plain and simple: Using a prescription drug in any way other than prescribed to you is misuse and therefore illegal. Use your meds only as prescribed, and never share with a friend or family member. #zerotolerance #infiniterisk</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15323962415/">https://www.flickr.com/photos/nadap_usnavy/15323962415/</a></p>	
<b>The Rx Drug Epidemic</b>	<p>Did you know that prescription drug abuse is the fastest growing epidemic in the U.S.? Help stop the growing rates of abuse by arming yourself with the information you need to help yourself and others avoid misuse. Visit the Prescription for Discharge website at <a href="http://www.nadap.navy.mil">www.nadap.navy.mil</a> for more information. #rxsafety</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15137409987/">https://www.flickr.com/photos/nadap_usnavy/15137409987/</a></p>	
<b>For Every 1 Rx Drug Death...</b>	<p>For every 1 death caused by prescription drug abuse, there are: 10 treatment admissions, 32 emergency department visits, and 825 abusers. Don't underestimate the risks and consequences of prescription drug misuse. #zerotolerance #infiniterisk</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15323961255/">https://www.flickr.com/photos/nadap_usnavy/15323961255/</a></p>	
<b>Most Commonly Abused Rx Drugs</b>	<p>In the Navy, opioid painkillers are the most commonly abused prescription drugs, including medication like Vicodin and Oxycontin. Other commonly abused drugs are: Adderall, cold medicines, tranquilizers and Ritalin. If you are prescribed any of these medications, speak to your doctor about the potential for and danger of misuse or abuse. #rxsafety</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15320797661/">https://www.flickr.com/photos/nadap_usnavy/15320797661/</a></p>	
<b>No One Is Exempt</b>	<p>Did you know that Sailors of ALL ranks are required to report their current prescriptions to Navy Medical and their commands? NO ONE is exempt. To learn more information on Navy policy about prescription drug abuse, visit the Prescription for Discharge website at <a href="http://www.nadap.navy.mil">www.nadap.navy.mil</a>. #reportpromptly</p> <p>Flickr Link: <a href="https://www.flickr.com/photos/nadap_usnavy/15323961175/">https://www.flickr.com/photos/nadap_usnavy/15323961175/</a></p>	